

## Feedback from parents on how the PRAM process has helped them

- "Felt that workers were open and honest about the concerns they had, felt they listened to me and my questions were answered"
- "Workers fully explained what was being assessed and why"
- "It was good to know that help was on hand"
- "Helped to develop my parenting skills and access community groups"
- "Helped me to manage my substance misuse problems"
- "When I needed them they were there"
- "We wouldn't have got our baby home without social work help"



You can get this leaflet in large print, in Braille or on CD by phoning us on 01307 474151.  
We can provide this information in other languages if you need it.

## Information for parents and carers

# Pre-birth Resource Allocation Meeting (PRAM)



At the Pre-birth Resource Allocation Meeting (PRAM), we consider cases where you have been referred for help if we feel you may need extra services and support both before and after your baby is born.

The PRAM is attended by representatives from social work, health, criminal justice services, housing and police. We have a number of purposes. These are to:

- assess your circumstances and the situation for your newborn baby to make sure that we offer you support right at the start rather than when difficulties may arise;
- help you with any problems that you may have which may affect the way you look after your baby; and
- make sure that we provide a package of support to help you to provide adequate and safe care for your baby.

### Your permission to share information

To provide the right service to meet the needs of you and your baby, it is important that all the agencies can gather information about your and your baby's circumstances. The agencies need to be able to share that information so that we can put in place the right support for you and your baby. The person who has referred you to us will ask for your permission to share this information.

You may have been referred because someone has said they are concerned about you or your baby. You may not agree that you need help or support from

us. In these circumstances, we may decide that the needs of your unborn baby justify sharing information without your permission. Our aim is to protect the welfare and safety of your unborn baby. If this happens, we will let you know that we are sharing information without your permission.

### How we can help

We will consider your circumstances using the information that is shared by agencies who know you well such as your midwives, GP, health service and any other service you may have received support from either currently or in the past. This will help us to identify and assess what level and type of support you may need both before and after your baby is born.

To do this, we will carry out an initial assessment to decide on the amount of support you will need. Normally one agency will do this. However, if we assess your needs as being more complicated, we will need to carry out a fuller assessment of your and your baby's circumstances. This will normally involve more than one agency being involved in the pre-birth assessment and a lead professional being allocated to you who will be responsible for co-ordinating this assessment.

The outcome of this assessment will help you and agencies to make clear and structured plans as to what services and support you and your baby need before your baby is born.

## We welcome your views

**Do you feel you need more support at this time?**

---

**What support do you feel would help you to care for your baby?**

---

---

---

---

---

---

---

---

---

---

If you have any questions about us or what will happen next, you can speak to the person who referred you to us. Their details are shown below.

**Name of referrer:**

---

**Contact phone number:**

---